

FRATICELLI'S

ITALIAN GRILL & BAR

DINNER

Appetizers ~ Antipasti

BRUSCHETTA CLASSICA

roma tomatoes, garlic, basil, extra virgin olive oil and shaved parmigiana reggiano 11

BRUSCHETTA GOAT CHEESE

roma tomatoes, garlic, basil, extra virgin olive oil, crumbled goat cheese, balsamic glaze, fried parsley 12

MEATBALLS AL FORNO

homemade Fraticelli's meatballs (pork & beef) covered in pomodoro sauce and melted mozzarella, provolone and fruilano cheese, side crostini 12

MUSSELS

fresh PEI mussels in tomato cream or white garlic sauce, garnish with diced tomatoes, scallions, side crostini 16

ARANCINI FORMAGGIO

crispy cheese risotto balls, pomodoro sauce, lemon chili basil aioli, baby arugula 12

FRITTO CALAMARI

lightly dusted crispy fried calamari, crispy zucchini ribbons, grilled lemon, lemon basil aioli dip 17

CALAMARI alla GRIGLIA

grilled calamari served with sautéed red and yellow peppers, diced tomatoes, red onion, olives, balsamic glaze, lemon white wine butter sauce 17

ANTIPASTI BOARD

Piccolo 16, Grande 25

Soup ~ Zuppa

MINISTRONE SOUP

a medley of market vegetables, pancetta bacon, pesto crostini 7

ZUPPA del GIORNO

please ask your server for details 7

Sides

Meatballs 7

Parmesan Frites 5

Eggplant Parmigiana Frites 5

Seasonal Vegetables 7

Mushrooms 7

Group Dining Menus are available ~ please ask for a Manager

Salad ~ Insalata

INSALATA VERDE fresh mixed lettuces, grape tomato, cucumber, carrot, onions, house vinaigrette
Piccolo 7, Grande 11

CAESAR romaine lettuce, roasted garlic dressing, herb croutons, crispy pancetta bacon, parmigiana reggiano, lemon *Piccolo 8, Grande 12*

CAPRESE Italian buffalo mozzarella, hot house tomato slices, arugula, basil, olives, extra virgin olive oil, balsamic reduction 15

ARUGULA INSALATA baby arugula, spinach, red peppers, seedless grapes, parmesan vinaigrette, crispy prosciutto, par boiled egg, fresh grated parmesan
Piccolo 9, Grande 15

BEET AND TOMATO oven-roasted beets, hot house tomatoes, goat cheese, pine nuts, arugula, lemon poppy seed dressing, extra virgin olive oil 14

See below for additions

FRATICELLI'S Favourites

PARMIGIANA Italian breadcrumbs, topped with pomodoro sauce, melted Fraticelli's cheese blend, spaghetti aglio e olio
Eggplant 20, Chicken 24, Veal 27

PICATTA pan seared in lemon herb wine butter sauce, crispy capers, mushroom medley, linguini aglio e olio, parsley
Chicken 25, Veal 28

ROASTED MUSHROOM RISOTTO Arborio rice tossed with forest mushrooms, butter, parsley, chicken and mushroom stock, garnish green onion, shaved parmigiana cheese 22

SHORT RIBS STRACOTTO tender, fall off the bone, braised in chianti, red wine reduction, risotto vegetariano, crispy onions 36

Pasta ~ Primi

SPAGHETTI CARBONARA fresh spaghetti, double smoked bacon, caramelized onion, egg, grated romano cheese, parsley 20

FETTUCCINI ALFREDO fettuccini noodles, alfredo cream sauce, grated romano cheese, parsley 20
Mushroom 21, Chicken 22, Shrimp 24

SPAGHETTI del PESCATORE fresh spaghetti, mussels, calamari, slivered tiger shrimp, spicy pomodoro white wine sauce 26

PENNE ARRABBIATA penne noodles, spicy tomato arrabbiata sauce, garlic, capers, olives 20
Chicken 22, Shrimp 24

GNOCCHI QUATTRO CHEESE fresh gnocchi, pan seared, creamy four cheese sauce, roasted grape tomato, grated romano cheese 21

BOLOGNESE LASAGNA homemade layers of lasagna noodles, bolognese sauce and alfredo sauce, romano, parmigiana and ricotta cheeses, topped with pomodoro sauce and melted cheese blend 22

PAPPARDELLE alla BOLOGNESE fresh wide egg noodles, slow cooked homemade meat sauce, grated romano cheese, fresh basil 22

SPAGHETTI AND MEATBALLS fresh spaghetti, homemade pomodoro sauce, grated romano cheese, Fraticelli's meatballs, fresh basil 21

PRIMAVERA fresh linguini, sautéed with extra virgin olive oil, garlic, red and yellow peppers, red onion, grape tomato, basil pesto, lemon juice, baby arugula, grated parmesan 20

Gluten free pasta is available

Mains

TOP SIRLOIN an 8oz top sirloin pan seared to order, risotto vegetariano, red wine veal jus, seasonal garnish, micro greens 31

TILAPIA and RISOTTO pan seared Tilapia, mushroom risotto, garnished with arugula pesto, grilled lemon slices, micro greens, extra virgin olive oil 27

RISOTTO VEGETARIANO Arborio rice, zucchini, mushrooms, grape tomato, butter, mushroom stock, chives, garlic, crispy eggplant, kalamata olives, goat cheese, fried basil, balsamic glaze 22

NY STRIPLOIN our 10oz New York strip grilled to order, risotto vegetariano, red wine veal jus, seasonal garnish, micro greens 36

SALMON ala LIMONE pan seared fresh Atlantic salmon, crispy skin, crispy capers and shallots, caramelized onion, orzo, dill, lemon, roasted grape tomato, toasted pine nuts, lemon honey white wine brown butter sauce 32

SEAFOOD RISOTTO Arborio rice, pomodoro sauce, slivered shrimp, torn salmon, PEI mussels white wine, butter, chicken stock, parsley, garlic, olive oil, leeks, chives 27

Pizza ~ Pizze

MARGHERITA CLASSICA Italian plum tomato sauce, fior di latte cheese, oregano, fresh basil, herb oil 19

CALABRESE Italian plum tomato sauce, mozzarella, provolone, fruilano and gorgonzola cheese, hot sopressata, black olives, fresh chili peppers 22

FUNGHI creamy parmesan garlic sauce, mozzarella, provolone, fruilano cheese, goat cheese, mushroom medley, parsley 21

CONTADINA Italian plum tomato sauce, mozzarella, provolone, fruilano cheese, mild Italian sausage, peppers, fresh chili pepper, herb oil, parsley 20

ARUGULA and PROSCIUTTO Italian plum tomato sauce, mozzarella, provolone, fruilano cheese, baby arugula, prosciutto, parmigiana reggiano shavings 22

Add the following to any of our Salads or Entrées: grilled chicken 6, grilled steak 8, pan-seared salmon 8, garlic sautéed shrimp 7, crispy prosciutto 2, pancetta bacon 2, crumbled gorgonzola 2

Please inform your server of any allergies prior to ordering