

FRATICELLI'S

ITALIAN GRILL & BAR

DINNER

Appetizers ~ Antipasti

BRUSCHETTA CLASSICA

roma tomatoes, garlic, basil, extra virgin olive oil and shaved parmigiana reggiano 10

BRUSCHETTA GOAT CHEESE

roma tomatoes, garlic, basil, extra virgin olive oil, crumbled goat cheese, balsamic glaze, fried parsley 11

MEATBALLS AL FORNO

homemade Fraticelli's meatballs (pork & beef) covered in pomodoro sauce and melted mozzarella, provolone and fruilano cheese, side crostini 10

MUSSELS

fresh PEI mussels in tomato cream or white garlic sauce, garnish with diced tomatoes, scallions, side crostini 13

ARANCINI FORMAGGIO

crispy cheese risotto balls, pomodoro sauce, lemon chili basil aioli, baby arugula 10

FRITTO CALAMARI

lightly dusted crispy fried calamari, crispy zucchini ribbons, grilled lemon, lemon basil aioli dip 15

FRITTO SAMBUCA SHRIMP

crispy shrimp, Sambuca garlic cream sauce, chives, lime 14

CALAMARI alla GRIGLIA

grilled calamari served with sautéed red and yellow peppers, diced tomatoes, red onion, olives, balsamic glaze, lemon white wine butter sauce 15

ANTIPASTI BOARD

Piccolo 12, Grande 22

Soup ~ Zuppa

MINISTRONE SOUP

a medley of market vegetables, pancetta bacon, pesto crostini 6

ZUPPA del GIORNO

please ask your server for details 6

Sides

Meatballs 5

Parmesan Frites 4

Eggplant Parmigiana Frites 4

Seasonal Vegetables 5

Mushrooms 5

Salad ~ Insalata

INSALATA VERDE fresh mixed lettuces, grape tomato, cucumber, carrot, onions, house vinaigrette

Piccolo 6, Grande 10

CAESAR romaine lettuce, roasted garlic dressing, herb croutons, crispy pancetta bacon, parmigiana reggiano, lemon *Piccolo 7, Grande 11*

CAPRESE Italian buffalo mozzarella, hot house tomato slices, arugula, basil, olives, extra virgin olive oil, balsamic reduction 14

ARUGULA INSALATA baby arugula, spinach, red peppers, seedless grapes, parmesan vinaigrette, crispy prosciutto, par boiled egg, fresh grated parmesan *Piccolo 8, Grande 14*

BEET AND TOMATO oven-roasted beets, hot house tomatoes, goat cheese, pine nuts, arugula, lemon poppy seed dressing, extra virgin olive oil 13

See below for additions

FRATICELLI'S Favourites

PARMIGIANA Italian breadcrumbs, topped with pomodoro sauce, melted Fraticelli's cheese blend, spaghetti aglio e olio *Eggplant 18, Chicken 21, Veal 24*

PICATTA pan seared in lemon herb wine butter sauce, crispy capers, mushroom medley, linguini aglio e olio, parsley *Chicken 23, Veal 26*

ROASTED MUSHROOM RISOTTO Arborio rice tossed with forest mushrooms, butter, parsley, chicken and mushroom stock, garnish green onion, shaved parmigiana cheese 19

SHORT RIBS STRACOTTO tender, fall off the bone, braised in chianti, red wine reduction, parmesan mashed potatoes, crispy onions 33

Pasta ~ Primi

SPAGHETTI CARBONARA fresh spaghetti, double smoked bacon, caramelized onion, egg, grated romano cheese, parsley 18

FETTUCCINI ALFREDO fettuccini noodles, alfredo cream sauce, grated romano cheese, parsley 17 *Mushroom 18, Chicken 19, Shrimp 21*

SPAGHETTI del PESCATORE fresh spaghetti, mussels, calamari, slivered tiger shrimp, spicy pomodoro white wine sauce 22

EGGPLANT LASAGNA layers of crispy parmigiana eggplant, pomodoro sauce, garlic ricotta spinach, melted house cheese blend 18

BOLOGNESE LASAGNA homemade layers of lasagna noodles, bolognese sauce and alfredo sauce, romano, parmigiana and ricotta cheeses, topped with pomodoro sauce and melted cheese blend 19

PENNE ARRABBIATA penne noodles, spicy tomato arrabbiata sauce, garlic, capers, olives 17 *Chicken 19, Shrimp 21*

GNOCCHI QUATTRO CHEESE fresh gnocchi, pan seared, creamy four cheese sauce, roasted grape tomato, grated romano cheese 18

PAPPARDELLE alla BOLOGNESE fresh wide egg noodles, slow cooked homemade meat sauce, grated romano cheese, fresh basil 19

SPAGHETTI AND MEATBALLS fresh spaghetti, homemade pomodoro sauce, grated romano cheese, Fraticelli's meatballs, fresh basil 18

PRIMAVERA fresh linguini, sautéed with extra virgin olive oil, garlic, red and yellow peppers, red onion, grape tomato, basil pesto, lemon juice, baby arugula, grated parmesan 17

Gluten free pasta is available

Mains

TOP SIRLOIN an 8oz top sirloin grilled to order, garlic parmesan mashed potatoes, red wine veal jus, seasonal garnish, micro greens 27

NY STRIPLOIN our 10oz New York strip grilled to order, garlic parmesan mashed potatoes, red wine veal jus, seasonal garnish, micro greens 32

SALMON ala LIMONE pan seared fresh Atlantic salmon, crispy skin, crispy capers and shallots, caramelized onion, orzo, dill, lemon, roasted grape tomato, toasted pine nuts, lemon honey white wine brown butter sauce 29

TILAPIA and RISOTTO pan seared Tilapia, mushroom risotto, garnished with arugula pesto, grilled lemon slices, micro greens, extra virgin olive oil 25

Pizza ~ Pizze

MARGHERITA CLASSICA Italian plum tomato sauce, fior di latte cheese, oregano, fresh basil, herb oil 16

CAESAR alfredo sauce, Fraticelli's mixed cheese, strips of grilled chicken, romaine lettuce, drizzle Caesar dressing, crispy prosciutto, shaved parmigiana reggiano 19

CALABRESE Italian plum tomato sauce, mozzarella, provolone, fruilano and gorgonzola cheese, hot sopressata, black olives, fresh chili peppers 18

FUNGI creamy parmesan garlic sauce, mozzarella, provolone, fruilano cheese, goat cheese, mushroom medley, parsley 18

CONTADINA Italian plum tomato sauce, mozzarella, provolone, fruilano cheese, mild Italian sausage, peppers, fresh chili pepper, herb oil, parsley 17

ARUGULA and PROSCIUTTO Italian plum tomato sauce, mozzarella, provolone, fruilano cheese, baby arugula, prosciutto, parmigiana reggiano shavings 18

Add the following to any of our Salads or Entrées: grilled chicken 6, grilled steak 7, pan-seared salmon 7, garlic sautéed shrimp 6, crispy prosciutto 2, pancetta bacon 2, crumbled gorgonzola 2

Please inform your server of any allergies prior to ordering
Group Dining Menus are available ~ please ask for a Manager